If the Buddha Married: Creating Enduring Relationships on a Spiritual Path, 2001, 250 pages, Charlotte Davis Kasl, 0140196226, 9780140196221, Penguin, 2001

If the Buddha Married is filled with the same highly practical, spiritually sound guidance that so clearly touched a chord with readers of If the Buddha Dated. Charlotte Kasl, Ph.D., is renowned for her ability to speak with depth, wisdom, and humor on important matters of the heart. In this new book, Kasl inspires us to create fulfilling and vibrant relationships through a commitment to awareness and truth. Combining key teachings of Buddhism with elements of psychology, If the Buddha Married becomes a wise and trusted guide through the joys and thickets of relationships that

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Finding Joy 101 Ways to Free Your Spirit and Dance with Life, First Edition, Charlotte S. Kasl, Nov 16, 1994, Self-Help, 224 pages. Combining spiritual insight with pragmatic guidance, this lighthearted yet practical handbook shows readers how to live a more balanced, richer life..

The Complete Idiot's Guide to Creative Visualization , Shari L. Just, Ph.D, Carolyn Flynn, Nov 1, 2005, Body, Mind & Spirit, 352 pages. If you can envision it, you can make it happen. Creative visualization is the technique of using the imagination to identify goals and then making them a reality. It's more.

If the Buddha Dated Handbook for Finding Love on a Spiritual Path, Charlotte Davis Kasl, 1999, Family & Relationships, 212 pages. Approaching the dating process as a means for awakening, the author offers quotes from wisdom traditions.

Straight Talk For Men About Marriage What Men Need To Know About Marriage (And What Women Need To Know About Men), Martin G. Friedman, Mar 1, 2005, Family & Relationships, 196 pages. This book reveals three practical keys for men to use for creating the marriage you both want. And it has a special section for women that takes them into the male psyche to.

The Secrets of Happily Married Women How to Get More Out of Your Relationship by Doing Less, Scott Haltzman, Theresa Foy DiGeronimo, Dec 21, 2010, Family & Relationships, 224 pages. From the authors of the best-selling The Secrets of Happily Married Men comes the much-anticipated follow-up book The Secrets of Happily Married Women. In their first book, Dr.

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